



# OLIVI

HOTEL & NATURAL SPA

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Welcome to a world of Well-being.  
Welcome to Natural Spa.

Our elegant Natural Spa rich in refined treatments, rituals and special packages and our pools composed of mixtures of natural mineral salts specially studied by Dr. Merlin.

You will experience in the Océa and Yu swimming pools the beneficial force of waters rich in natural salts and oligomineral elements, for a whole and profound psychophysical well-being.



# FACE TREATMENTS

## **SOIN SUPREME JEUNESSE REGARD** by Maria Galland

***30 min / 50 euros***

A specific treatment for the eye area with a delicate massage accompanied by special teaspoons of porcelain, which smooth and fills wrinkles to the fragile area of the eye area, to reduce the signs of time and tiredness.

## **TAILORED FACIAL TREATMENT**

***50 min / 80 euros***

A personalized treatment, designed to meet the specific needs of your skin. After an initial consultation, our expert esthetician will select the most suitable products and techniques to nourish, hydrate, and revitalize your face. A unique experience that brings luminosity and freshness, visibly improving the texture and tone of your skin.

## **SOIN ACTIV'AGE** by Maria Galland

***75 min / 100 euros***

A complete treatment thanks to the exclusive combination of stem cells and peptides compensates the signs of changes in the skin due to age and the environment. Thanks to an innovative anti-wrinkle peptide, it gives an immediate effect by visibly reducing wrinkles.

## **RITUEL 1000 SUBLIME JEUNESSE** by Maria Galland

***80 min / 110 euros***

This ritual begins with a foot bath and a massage at the feet and head. More than a treatment, a real sensory experience that combines relaxing maneuvers with advanced anti-age techniques at the forefront for a timeless moment of relaxation.

# OUR CLASSICS

## CLEAR YOUR MIND

***40 min / 65 euros***

A cervic-dubal massage performed with rhythmic manual skills, partly delicate, partly vigorous, with a relaxing effect. It gives deep well-being; it is ideal for detaching the thorn from thoughts.

## HÖBERPERGH CERVIC MASSAGE

***40 min / 80 euros***

Sweet initial brushing to prepare the body for the reception of the massage and activate the microcirculation with the use of the hot bags of Höbepergh herbs and balsamic oils to decontract, relax and dissolve the contractures.

## CLASSIC FULL MASSAGE

***50 min / 80 euros***

A total body massage that relaxes and relaxes all the musculature by reducing stress.

## HÖBERPERGH DECONTRACTING MASSAGE

***50 min / 90 euros***

Sweet initial brushing to prepare the body to the reception of the massage and activate the microcirculation with the use of the hot bags of Höbepergh herbs and balsamic oils to decontract, relax and dissolve the contractures of the whole body.

## HOTSTONE with hot or cold stones

***60 min / 95 euros***

Massage that is carried out with hot or cold stones of lava origin. These slowly create a vasodilation that has many benefits, including a deep sense of well-being and relaxation, improves and stimulates blood and lymphatic circulation and attenuates muscle pain.









# BODY TREATMENTS

## **ANTI-CELLULITE MUD** by Sothys

**50 min / 100 euros**

A targeted treatment to combat cellulite, using a warming mud by Sothys. Its exclusive formula stimulates microcirculation, promotes the elimination of toxins, and helps visibly reduce skin imperfections. Ideal for those seeking smoother, toned, and firmer skin, with a draining and reshaping effect.

## **ATHLETICS LEG & FOOT LIGHTNESS TREATMENT** by Sothys

**50 min / 100 euros**

An energizing and toning treatment designed for tired legs and feet. Thanks to its refreshing and revitalizing action, this ritual helps improve circulation, relieving the sensation of heaviness and swelling. Ideal for those who want lighter and firmer legs, perfect after physical activity or long days on your feet.

## **LYMPH-STIMULATING TREATMENT** by Sothys

**50 min / 100 euros**

An intensive remodeling treatment with bandages. The initial phase with thermogenic action and reactivation of the microcirculation is followed by a vigorous lipolytic massage and a concrete, revitalizing and toning phase. A impact treatment that reduces fat and cellulite from the first application. Ideal in case of cellulite accompanied by localized adiposities.

## **GUASHA TREATMENT** by Sothys

**60 min / 100 euros**

Complete treatment to reduce the appearance of cellulite: the treatment begins with an incredible rubber/enveloppement minceur, followed by a custom-concentrated serum and an exclusive modelage minceur accompanied by a Guasha massage.

## **HOBEPERGH DETOXIFYING**

***50 min / 100 euros***

The myorilaxant and decontracting action of the hay pillow, favored by the heat of the mix, penetrates deeply by transporting the beneficial balsamic essences, favoring muscle relaxation. The action of the pillow accompanied by a sweet massage to the feet relaxes and relaxes, moves stress and gives a feeling of immediate relaxation.

## **SOETHYS ORGANICS**

### **TAILORED ORGANICS MASSAGE**

***50 min / 90 euros***

A full-body massage tailored to your choice of texture and fragrance. Using certified organic products from the Sothys Organics® line, this treatment combines the benefits of birch sap with relaxing techniques for a regenerating sensory experience that promotes physical and mental well-being.

### **ORGANICS MASSAGE + EXFOLIATION**

***70 min / 120 euros***

A complete ritual that combines a relaxing massage with the exfoliating power of a three-salt scrub. The scrub cleanses and renews the skin, leaving it soft and smooth. This treatment, which leverages the benefits of the organic ingredients in the Sothys Organics® line, is ideal for revitalizing both body and mind, giving your skin a luminous and smooth appearance.

### **ORGANICS MASSAGE + FACIAL TREATMENT**

***80 min / 150 euros***

A complete wellness experience that combines a regenerating full-body massage with a 30-minute facial treatment, ideal for all skin types. The products from the Sothys Organics® line are used to nourish and brighten the skin, while the body massage helps relieve tension and stress, promoting a deep state of relaxation and harmony.





# RITUALS

## CANDLE RITUAL

***50 min / 95 euros***

A real sensory ritual. It is performed with a mixture of 3 butters obtained from the lightened candle loose that give the skin softness and relaxation to the whole body.

## SAVONAGE OF MARRAKECH

***60 min / 95 euros***

A beauty product that relaxes the skin and promotes deep cleaning by giving shine. The ritual includes a final argan oil massage, defined as desert gold with nutritious and restructuring properties.

## TRADITIONAL AYURVEDA

***60 min / 100 euros***

A massage to restore the balance between mind and body in such a way as to be able to give the individual a psychophysical well-being.

The Ayurvedic massage involves the execution of manipulations in different areas of the body which - in addition to promoting blood circulation - should encourage the circulation of vital fluids with consequent achievement of a newfound harmony between body and mind.

## AYURVEDA SHIRODHARA

***75 min / 115 euros***

A particular relaxing massage that is carried out through a slight constant flow of warm oil on the forehead, more precisely on the third eye, namely Agnya Chakra, the sixth chakra.

It will be able to give you a well-deserved pause in the pressing and frenetic rhythm of everyday life, deeply relaxing your body and mind and give you a new energy that will be able to face you life with a new vigor.

## **SALT MASSAGE RITUAL**

**60 min / 110 euros**

Soothes pain, relieves tension, and stimulates metabolism, all thanks to the action of salt crystals. When massaged, these crystals remove dead cells, leaving the skin radiant, while medical-grade salt is diffused into the air in the salt room. The ritual includes one hour of scrub and massage, followed by an additional 30 minutes in the salt room.

## **AMAZONIAN RITUAL**

**50 min / 95 euros**

Delicate technique that arises from the practices of the South American natives.

Through constant, rhythmic and delicate movements that reach different parts of the brain, a calming and highly relaxing effect is obtained.

The sweet rhythmic movements of this massage that stimulate the limbic system and emotional memory reach the amygdala, allowing a hormonal release capable of rediscovering the emotional opening towards the world.

## **HANAKASUMI by Sothys**

**80 min / 120 euros**

An enchanting sensory journey full of floral notes of cherry and lotus flowers to relax the body and nourish the skin. This body treatment includes a hot exfoliating cream to soften and smooth the skin. A unique and replying massage of the feet leads to a relaxing massage of the whole body with heated aromatic shea butter to bring a blessed relaxation to your mind, body and soul.

## **SENSATION ORIENTALES**

**75 min / 115 euros**

Exotic ritual with an exclusive exfoliation of the body with handmade Moroccan pumice stone and nectar of enzymatic exfoliation for a soft and smooth skin.

A relaxing massage with heated amber oil seduces the senses with warm, sweet and woody notes for an unforgettable sensory experience.



# COUPLE RITUALS

## CANDLE MASSAGE

**50 min / 170 euro**

The massage is a real sensory ritual. It is performed with a mixture of 3 butters obtained from the lightened candle loose that give the skin softness and relaxation to the whole body.

## OLIVI DELUXE

**60 min / 180 euro**

Relaxing and nourishing total body ritual. The tensions and stress accumulated are reduced and the mind frees itself from negative thoughts. The skin to the touch becomes silky, hydrated and is surrounded by unique perfumes and sensations by recharging the body of a new well-being. The massage ends with an exclusive foot peeling and a glass of bubbles with fresh fruit.

## SENSATION ORIENTALES

**75 min / 200 euro**

Exotic ritual with an exclusive exfoliation of the body with handmade Moroccan pumice stone and nectar of enzymatic exfoliation for a soft and smooth skin.

A relaxing massage with heated amber oil seduces the senses with warm, sweet and woody notes for an unforgettable sensory experience.

## HANAKASUMI by Sothys

**80 min / 210 euro**

An enchanting sensory journey full of floral notes of cherry and lotus flowers to relax the body and nourish the skin. This body treatment includes a hot exfoliating cream to soften and smooth the skin. A unique and replying massage of the feet leads to a relaxing massage of the whole body with heated aromatic shea butter to bring a blessed relaxation to your mind, body and soul.







A vertical strip on the left side of the page shows a close-up of human skin with a mole. The rest of the page has a solid teal background.

## THE SALT ROOM

***30 min / 25 euros per person***

The salt room offers a new way to combine health and well-being.

It is a natural therapy that involves the nebulization in the air of fine salt particles that help the body to eliminate toxins, improve respiratory processes and that acts with effect on the skin.

Immersed in salt and accompanied by a sweet and relaxing music you will find the psychophysical well-being that you would have from a short holiday by the sea.

*It is not part of the Natural Spa path and you must enter dry.*

## SPA INFORMATION

Access to the Natural Spa is available every day from 10 a.m. to 8 p.m. (winter hours) and from 12 p.m. to 8 p.m. (summer hours).

*(The Management has the right to close areas within the SPA for safety reasons or for sanitizing the same area).*

The timetable may change. It is necessary to book the entrance band to make sure the entry into the SPA.

### RATES

#### **Access Natural Spa**

From Monday to Friday € 40.00 per person.

Guests Hotel Olivi € 25.00 per person.

Prices including Kit Spa (bathrobe, flip flops, spa towels).

*The entry into the SPA is 3 consecutive hours (not divisible), and early reservation is required.*

### RESERVATIONS TREATMENTS AND MESSAGES

The treatments must be booked in advance at the Natural Spa reception or by calling +39 030.916110 or from the room inside 451 or even by sending an email to [booking@naturalspa.it](mailto:booking@naturalspa.it)

The spa is accessible to the age of 16 plus.







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